



Dear Participants,

On behalf of the Hockey For Hope Tournament organizing committee and The Kitchener-Waterloo Women's Recreational Hockey League, we welcome you to the Hockey for Hope Tournament!

The Hockey for Hope Tournament is intended to reflect the mission statement of the Kitchener-Waterloo Women's Recreational Hockey League (KWWRHL). The goal of the tournament is twofold. First and foremost to promote opportunities for women to come together and celebrate women's ice hockey as a recreational sport with a focus on the spirit of fellowship and fair play. The second goal of the tournament is to give back to the community by raising funds for a variety of community organizations.

This year **all funds raised at the prize tables** will be donated to the *Canadian Breast Cancer Foundation and the Family Violence Relocation Project*.

Thank you also to our donors, volunteers, sponsors and supporters of the tournament; it is because of you that our tournament is a success! Please take the time to support our sponsors and donors (they are showcased throughout the lounge) as they are the ones responsible for providing us with fantastic prizes!

Thank you again for joining us this weekend. We hope you enjoy the tournament while helping to support a great cause!

Best Wishes,

A handwritten signature in black ink, appearing to read "S. Forgrave".

Sarah Forgrave

A handwritten signature in black ink, appearing to read "Susan Murphy".

Susan Murphy

A handwritten signature in blue ink, appearing to read "Terri Fuller".

Terri Fuller

Tournament Coordinators  
*Hockey for Hope* Tournament  
tournament@hockeyforhope.ca

## ***General Tournament Information:***

**Team reps: Please read this information to your team before start of first game**

Here are a few items you should be aware of throughout the tournament:

- The goal of the tournament is for all participants to have **fun**. Please treat your opponents, referees, scorekeepers and tournament volunteers with **respect** at all times. There will be ***NO*** standings and ***NO*** tournament champions, the goal is to have fun and raise money for a worthy cause!
- **Class Act Player**: After every game, your team will choose a **Class Act Player** (CAP Award) from the opposing team. The scorekeeper will drop by for your selection. Remember, this is not necessarily the person who gets the goals; this could be the person on the ice smiling and laughing as they play the game. Winners should pick up their award at the registration desk in the Lounge upstairs.
- **Body checking and slap shots** are ***not*** allowed and are subject to a two (2) minute minor penalty. Two-line passes are allowed.
- **Food and Beverages**: The lounge (behind Williams Coffee Pub on the main level) is open throughout the tournament. There will be **food and refreshments** available in the Lounge and at Williams.
- **Prizes/Raffles**: In the lounge, you will find some draw tables. By purchasing tickets for the raffles you will help us raise money for the ***Canadian Breast Cancer Foundation*** and the ***Family Violence Relocation Project***. Draws for the large prizes will take place Saturday night at 8pm and winning numbers for the small prizes will be posted by 10am Sunday.
- **Door Prizes**: Each team's package includes **double roll tickets** to distribute amongst your team. Come to the lounge and deposit one side of your ticket in the **SMALL** prize box for a chance to win one of our small prizes. On Sunday, once you have checked your ticket against the master list posted in the lounge and have determined that you have won a prize, please visit the prize desk with your ticket to claim your prize.
- **Questions/Concerns**: If you have any questions throughout the tournament, check with the volunteers in the lounge, or call Sarah at 519-590-4899, Susan at 519-998-0555 or Terri at 519-575-0456.

# *Hockey for Hope Tournament Rules*

## **General Rules**

1. Except where otherwise stated here, the rules of the KWWRHHL, OWHA and the CAHA shall apply.
2. Body checking and slap shots are not allowed and are subject to a two (2) minute minor penalty. Two-line passes are allowed.
3. All players must wear neck protectors and CSA approved helmets, full face mask and/or visor. Mouth guards are recommended.
4. In the event of sweater colour conflicts, the team listed as the home team (first team listed) on the schedule will be asked to change their sweaters. The second set of sweaters will be provided by the tournament organizers.
5. Smoking is prohibited in dressing rooms and all indoor arena facilities. Drugs and alcohol are prohibited in dressing rooms and all arena facilities. For the protection of all participants, any player found playing while under the influence of drugs and/or alcohol will be ejected from the tournament.

## **Game Times**

1. Teams must register for their first game of the tournament 45 minutes to one hour before game time. All players must sign in at the lounge prior to the start of their first game. Players **will not** be allowed on the ice until they are signed in.
2. Players should be in their dressing rooms ready to play 15 minutes prior to scheduled game time.
3. All games must start on time. Teams must have six (6) players on the ice ready to play within two (2) minutes of the referee's call or the game will be forfeited by that team.
4. A three (3) minute warm-up will precede each game.
5. Each game consists of three (3) periods. The first two (2) periods are 10 minute stop time. The third period will be 20 minutes or less of run time. The length of the third period is determined by the amount of time remaining from the allotted 50 minutes of ice time. The last 2 minutes of the 3<sup>rd</sup> period will be stop time.

## Tournament Eligibility

1. A player can only play on the team she is registered with – any teams allowing an unregistered player to participate will automatically forfeit the tournament, with no refund of registration fee (with the exception of an injured goalie as described in the next section).
2. A maximum of 17 players (including the goaltender) are allowed on each team.
3. A player may only play on ONE team (goalies exempted).

## Goaltenders

1. Injured goalies must be replaced by a player from their own team or by another goalie registered in the tournament.
2. If a goalie has not arrived by the start of their game, a team has two options:
  - A/ If the goalie is expected to show for the game, a team can play with six (6) skaters until the goalie arrives.
  - B/ If the goalie is not expected to show, you may have a player from your own team play the goalie position. The player must then play the entire game as goaltender.

## Penalties

1. Minor penalties are two (2) minutes in length. In the third period, a minor penalty will be three (3) minutes in length.
2. Should a player receive any three (3) minor penalties in one game, it will result in suspension of that player for the remainder of the game.
3. Should any player receive a combined total of 10 minutes in penalties over the course of the Round Robin games, she will be suspended for one game.
4. Major penalties are five (5) minutes in length. Should a player receive any two (2) major penalties in one game, it will result in suspension of that player for the remainder of the game, as well as for the remainder of the tournament. Any player receiving a major penalty for fighting will be suspended for the remainder of the tournament.
5. Verbal abuse of an official by a player or coach will not be tolerated and is a minimum one game suspension in addition to any minor or major

unsportsmanlike/misconduct penalties assessed by the referee(s). Discretion to allot further suspension rests with the KWWRHL tournament organizing committee.

## Hockey For Hope Schedule - Dec 11-13, 2009

Half And Halves  
KW Optimist  
WESA  
Shark Bait

Purple People Eaters  
Black Sheep  
JPS  
The Pure Edge

Cracked Canoe  
Mean Green  
Free Agents  
Dirty Mitts

North Of Nothing  
Hockey Bags  
Misfits  
Bulldogs

### Friday, December 11, 2009

Time	Kiwanis	Time	Kinsmen
7:30 PM	The Pure Edge vs Purple People Eaters	7:00 PM	Black Sheep vs JPS
8:30 PM	Mean Green vs Free Agents	8:00 PM	Cracked Canoe vs Dirty Mitts
9:30 PM	Misfits vs Bulldogs	9:00 PM	Half and Halves vs KW Optimist

### Saturday, December 12, 2009

Time	Kiwanis	Time	Kinsmen
10:30 AM	North Of Nothing vs Hockey Bags	10:00 AM	WESA vs Shark Bait
11:30 AM	JPS vs The Pure Edge	11:00 AM	Purple People Eaters vs Black Sheep
12:30 PM	Dirty Mitts vs Mean Green	12:00 PM	Free Agents vs Cracked Canoe
1:30 PM	Shark Bait vs Half And Halves	1:00 PM	KW Optimist vs WESA
2:30 PM	Bulldogs vs North Of Nothing	2:00 PM	Hockey Bags vs Misfits
3:30 PM	JPS vs Purple People Eaters	3:00 PM	Black Sheep vs The Pure Edge

4:30 PM	Dirty Mitts vs Free Agents		4:00 PM	Mean Green vs Cracked Canoe
5:30 PM	Shark Bait vs KW Optimist		5:00 PM	WESA vs Half And Halves
6:30 PM	North Of Nothing vs Misfits		6:00 PM	Hockey Bags vs Bulldogs

**Sunday, December 13, 2009**

<b>Time</b>	<b>Kiwanis</b>		<b>Time</b>	<b>Kinsmen</b>
10:30 AM	Purple People Eaters vs KW Optimist		10:00 AM	Bulldogs vs Mean Green
11:30 AM	Dirty Mitts vs North Of Nothing		11:00 AM	JPS vs Shark Bait
12:30 PM	Cracked Canoe vs Hockey Bags		12:00 PM	Half And Halves vs Black Sheep
1:30 PM	Misfits vs Free Agents		1:00 PM	The Pure Edge vs WESA